

STOCKTON WELLNESS CHALLENGE

21-DAY PHYSICAL ACTIVITY CHALLENGE



Submit the pledge by
May 31, 2026, to be entered
into a \$200, \$100, or \$50
gift card raffle.

Return the Pledge Card to the participating
organization where you received it.



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PHYSICAL ACTIVITY PLEDGE

I PLEDGE TO CHOOSE MORE PHYSICAL ACTIVITY OVER THE NEXT 21 DAYS.

YOUR NAME _____

YOUR STOCKTON ADDRESS _____

_____ ZIP _____

PHONE NUMBER _____

(Used only to contact you if you win the raffle)

TELL US WHY PLEDGING TO BE PHYSICALLY ACTIVE IS IMPORTANT TO YOU. _____

WHERE DID YOU RECEIVE YOUR PLEDGE CARD? _____

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